

Privacy Policy for NextStep New Zealand

Effective Date: 21-10-2024

1. Introduction

Welcome to NextStep New Zealand. We are committed to protecting your privacy. This Privacy Policy explains how we collect, use, and safeguard your personal information.

2. Information We Collect

We collect personal information that you voluntarily provide to us, including but not limited to:

- Full name
- Contact information (address, phone number, email)
- Health and medical information relevant to exercise and rehabilitation
- Payment details

3. How We Use Your Information

Your information is used to:

- Provide personalised exercise and rehabilitation services
- Monitor health and safety
- Manage appointments and billing
- Improve our services

4. Data Sharing and Disclosure

We do **not** share your personal information with any third parties, except where required by law or with your explicit consent.

5. Data Security

We implement appropriate security measures to protect your personal information from unauthorised access, disclosure, alteration, or destruction.

6. Your Rights

You have the right to:

- Access and update your personal information
- Request deletion of your data (subject to legal obligations)
- Withdraw consent for data processing at any time

7. Contact Us

If you have any questions about this Privacy Policy, please contact us at:

NextStep New Zealand
14B Hocking Street, Mount Maunganui, Tauranga
info@nextstepnz.com 07 572 0771